



# The Conversation

Topics for seniors  
and those who care for them



**January 2023**

Greetings,

This can be a dizzying time of the year, looking back to reflect on the year past, then ahead to plan for the coming one.

Look back with me for a moment for some insight on how to look forward...

Amid the holiday bustle, Susan had a day that was particularly challenging. One client she was working with was battling a string of events that seemed to knock him back two steps back for every one he took forward, another seemed to be drowning in a quagmire of quibbling family. Susan felt as though she was failing both and plopped down on the couch to disengage with a movie.

Being the time of year, Frank Capra's "It's A Wonderful" presented itself. The scene where Clarence explains the strange occurrences George Bailey has been experiencing was playing. "You've been given a great gift, George, a chance to see what the world would be like without ya."

Without proposing something quite so dramatic to Susan, I did suggest she give some thought to where her two client families would be without her and the other professionals helping them in such a trying time. The thought seemed to reassure her; I hope it can do the same for you.

If you're a caregiver for a loved one, or a professional in the day-to-day care of seniors and feeling beaten or ineffectual, think of 'Good 'Ol George Bailey' the next time you're questioning your impact.

I'm sure we'll hear a bell ring at some point, but for now I hope you hear, "Thanks for all you do!"



*"The great thing about getting older is that you don't lose all the other ages you've been." - Madeleine L'Engle*

## What to Do When Your Family Can't Agree on Your Parent's Care Plan



Watching your mom or dad's health slowly decline can be very painful for the entire family. However, each family member probably has their own way of dealing with the situation and different ideas on what is the right solution for your parent.

[Read More](#)

Do you notice something different about Mom or Dad?  
We can help guide you through the next steps.

[Email Me](#)

# Senior News

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- Now's the Time for Effective Conversations
- Yale Researchers Open Windows on a Little-Studied Form of Dementia
- How to help elderly neighbors, family withstand the cold

Being a trusted resource for seniors and their families in time of need is what we do best.  
If you are in need of assistance with the next steps, please call us!

Oasis Senior Advisors is committed to helping navigate local senior living options. We are a FREE service for seniors and families.

Respectfully yours,  
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