



Hi Paul

Last week, Susan was asked to be a roundtable facilitator for discussions following a showing of a heartwarming documentary called [Wine, Women and Dementia](#). In the film Kitty Norton, the film's director (and star), packs up an RV and heads out on a road trip to swap caregiver stories of love, humor and devotion with other dementia caregivers. It is a "hilariously heartbreaking end-of-life journey."

Kitty's Thanksgiving show of gratitude is to allow free access to the film this weekend. If it is a journey you are on, or if you know someone who is – or if you just feel like being moved this weekend - [check it out](#).



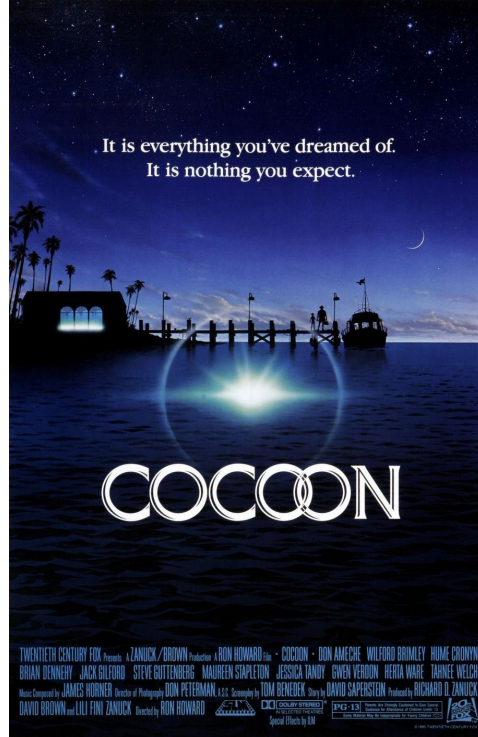
Dinner And A (Dementia) Movie?

After the screening, a couple of us got to talking about other films that had dementia as a part of the story. We were amazed as the list of titles expanded. I think that's a good sign. This disease has become ingrained in the public discussion. There is less stigma attached than 10 years ago - and less isolation for families living with the disease.

Some of the movies we came up with were lesser well known but many were major studio releases with A-List stars attached (Sir Anthony Hopkins, Hilary Swank, Christopher Plummer, Julianne Moore, Alec Baldwin, Ryan Gosling, Rachel McAdams, to name a few). Society's culture reflects its reality and for more and more of us dementia is a part of our reality and society feels us. You are not alone.

Here's the list of the films we can up with. We've linked the trailers to the titles if you're not familiar with any of them

1. [The Father \(2020\)](#)
2. [What They Had \(2018\)](#)
3. [Remember \(2015\)](#)
4. [Elizabeth is Missing \(2019\)](#)
5. [Still Alice \(2014\)](#)
6. [Away from Her \(2007\)](#)
7. [Lovely, Still \(2008\)](#)
8. [The Savages \(2007\)](#)
9. [Aurora Borealis \(2005\)](#)
10. [The Notebook](#)
11. [A Song for Martin \(2001\)](#)
12. [Iris: A Memoir of Iris Murdoch \(2001\)](#)
13. [Firefly Dreams \(2001\)](#)
14. [The Leisure Seeker \(2017\)](#)



Musing on these films also brought to mind a classic for those of us of a certain age. Do you remember "[Cocoon](#)"? The Oscar-winning film by Ron Howard had a fabulous ensemble cast including Wilford Brimley, Brian Dennehy, Don Ameche, Steve Guttenberg, and Maureen Stapleton. It dealt more with a fountain of youth and preempting aging than dementia. I remember it fondly, but when I went to look for it I couldn't find it anywhere. Not on DVD, not streaming, not on any movie channel. It doesn't exist for public consumption.

Ironically, - or predictably – it's as elusive as the fountain of youth its protagonists chased. Eerie.

Anyway, thanks for indulging me. Hope you enjoy [Wine Women and Dementia](#).

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