

# THE SENIOR SPOTLIGHT

Greetings!

We received a lot of positive feedback on the newsletter we sent out at the peak of the outbreak, so we thought we'd follow that up with one to cover the things we're seeing now that things are starting to "open up'. We've also shared below some articles we found interesting.

#### Here's what we're seeing...

Assisted Livings had far lower incidents of infection than Nursing Homes according to data from NY & CT. Some of this is likely attributed to their decision to 'close' to new admissions.

Over the past two weeks, Assisted Living Communities across both Westchester and Fairfield Counties have started to accept new admissions. The communities that are not accepting admissions have all indicated to us they expect be open by the middle of the month. Almost all are reporting 'covid free' currently. (*Susan and I are not recommending any that still have unresolved cases*).

Among the new admission protocols communities are taking to protect their residents are a requirement for a negative covid test for all new residents prior to move in. Both New York and Connecticut are requiring weekly testing of all staff in Assisted Living communities and visitation is still limited.

With the good weather and campuses with larger outdoor spaces, Assisted Livings are looking at a variety of ways to expand visitation privileges for family members. They have also refined their capabilities for virtual touring and are all developing protocols that will allow in-person tours as soon as safe and practical.

Most are being very flexible in allowing short, 'Respite', stays for new residents concerned with making a decision based on a limited ability to tour beforehand. In those cases, furniture is provided and there is no long term commitment. One community refers to it as 'a suitcase stay' because all the new resident needs to bring is a suitcase.

Enduring 2+ months with no new admissions has left communities with more vacancies than they would like and put them under pressure to make up for lost ground with attractive pricing.

## If you'd like to talk more about the options available or have any questions about care in these confusing times please don't

hesitate to give us a call.

475.619.4123 | 914.356.1901

#### Finding Solutions for Seniors and Families One Call Many Solutions



#### **Oasis Community Outreach**

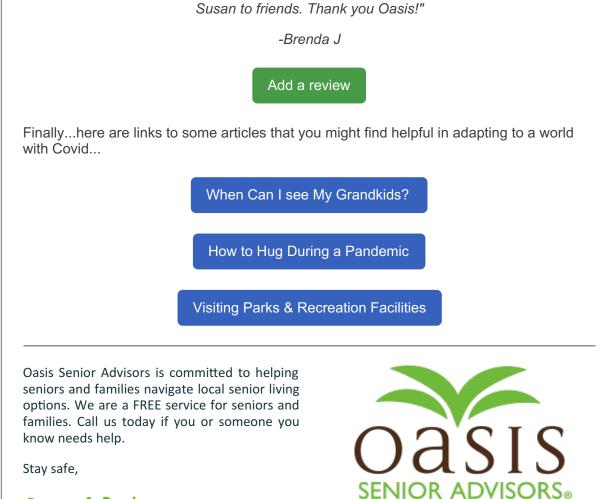
In 'Normal' times Susan and I provide programming for area Senior Centers. One of our more popular programs is called, "The Downsized Gourmet". The concept is simple enough; it's difficult to cook for one or two. Putting together a menu or one or two people that is nutritious, tasty/interesting and easy to prepare is a real challenge so that's exactly what "The Downsized Gourmet" does. It's a cooking demo to show attendees how to cook for one or two.

Well, we're going virtual. Two local Senior Centers have asked us to do Downsized Gourmet by Zoom. Our first one will be on June 22nd If you or a senior you know and love would be interested <u>let us know and we'll send an invite</u> - no need to be a member of the Center.

### Testimonials

"Oasis Sr Advisors are terrific!!! We needed long term care for two family members. They guided us to appropriate facilities from NY to CT making a daunting process manageable.

Paul & Susan are professional, supportive, hardworking & kind. Now both family members are in wonderful new "homes" that suit their specific needs. I have recommended Paul &



Susan & Paul

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